

# Once Upon A Table The Runaway Pancake

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Story Table Projects



## Supplies:

- \*Round piece of found wood to your liking
- \*Saw
- \*Sandpaper
- \*Paint or woodburner
- \*Cardstock or scrapbook paper
- \*popsicle sticks
- \*glue or tape
- \*beeswax polish



\*this is a free pattern- in the spirit of giving please do not use this for re-sale, but give all you want!

Step 1: Take a nature walk with your kiddos and find a nice round piece of wood. I encourage you to use found wood, not take wood from a living tree. Choose whatever type of wood you would like. This is a great chance to do tree identification. This is a great book:

<http://www.powells.com/partner/33535/biblio/1889538434>

Step 2: When you are done with your walk and have your perfect piece of wood, take a hand saw and cut a slice from your wood. You may need to make 2 cuts so that you have 2 clean smooth sides. Strip the bark and sand the edges smooth. Use a woodburner or paints to draw facial features on your wood disc. This is your pancake, sometimes features of the wood can become part of the face- like an expressive mouth! For extra protection you can seal it all up with beeswax seal made from pure beeswax and jojoba oil.



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Step 3: Print off the templates for the animals from page 4. I recommend a stiffer cardstock paper. You could also use this for a template if you had different paper you wanted to use or ask your children to draw the animals. Glue or tape on popsicle sticks.

Step 4: Pack a picnic lunch (I recommend pancakes!) and get ready for some storytime! The children can roll the pancake back and forth while you pretend to be one of the animals trying to chase the pancake and eat it!

\*Note this specific story table project was written in mind to accompany the book “The Pancake That Ran Away” by Loek Koopmans, but it really could go anywhere your imagination takes you!

Basic Pancake Recipe– we replace the flour with whole wheat!

### PANCAKES OR GRIDDLE CAKES

About sixteen 4-inch pancakes

Whisk together in a large bowl:

1 1/2 cups all-purpose flour

3 tablespoons sugar

1 3/4 **teaspoons** baking powder

1 teaspoon salt

Combine in another bowl:

1 1/2 cups milk

3 tablespoons butter, melted

2 eggs

(1/2 teaspoon vanilla extract)

Mix the liquid ingredients quickly into the dry ingredients. Use 1/4 cup batter for each pancake.



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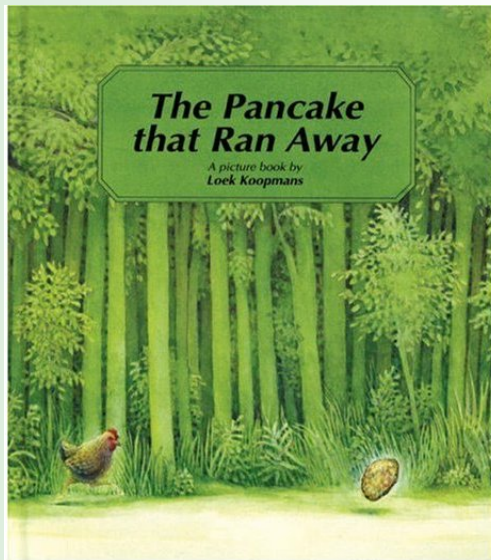
## Story Resources

Pancake Folktales

<http://www.pitt.edu/~dash/type2025.html>

The Pancake That Ran Away

By Loek Koopmans



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## Animal Templates



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