

# Once Upon A Table Nightmare

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## Story Table Projects

### Supplies:

- \*watercolor paints
- \*beeswax seal
- \*found wood
- \*wood burner
- \*sandpaper
- \*saw
- \*wood glue
- \*yarn
- \*drill



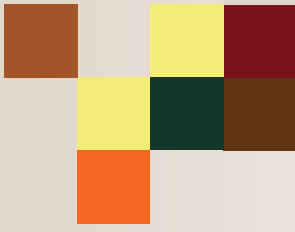
\*this is a free pattern— in the spirit of giving please do not use this for resale, but give all you want!

Step 1: Start off taking a nature walk with your kiddos. Look for some fallen twigs. This is a wonderful time of the year to explore nature as she goes dormant in preparing for the winter months. It is also a great time to gather nature goodies for your autumn tables! The size of the twig depends on how big you want for your Nightmare. You will need a piece for the body, head, and smaller twigs for the legs and neck.

Step 2: Cut the body to the desired size you would like, I made one piece about 4 inches long, it was about 1 in diameter. Find a smaller end piece of wood for the head.

Step 3: Once you have your piece cut, sand down the cut areas of the body and also sand down or carve down the end that will be the nose. You can do this by hand or you can also use a dremel for faster sanding.





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Step 4: Drill 4 holes on the bottom of the body for the legs, try to measure depending on your smaller twig size to fit snugly inside the holes. Drill a hole in the top where the neck comes out and also a hole in the bottom of the head so it attaches to the neck.



Step 5: Drill a hole in the bum for the tail, and also you can add holes in the top of the head for the yarn mane. Now take wood glue and add a drop of glue in all or your holes and begin assembly of the legs, neck, head tail, and mane.



Step 6: Paint or wood burn features into your Nightmare depending on your desire. I like to keep it simple and added eyes, nose and also a little moon since it is for night-time dreams.



Step 7: Optionally you can seal up with polish or just leave natural and let your Nightmare bring fun stories and good dreams!



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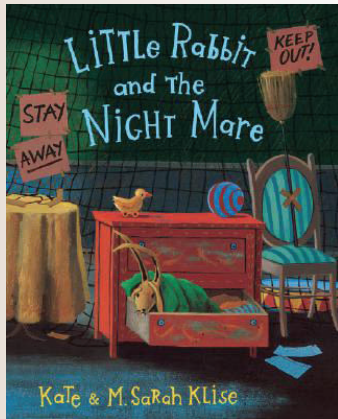
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## Story Resources

Origin of the word “nightmare”  
Horse Folklore

Little Rabbit and the Night Mare



by Kate and M. Sarah Klise

Other Books:

All the Pretty Horses

The Horse in Harry's Room

Ride on the Red Mare's Back



Resources: Handmade Gnomes:

Felted Gnome is from Little Elf's Toy Shop

Wood Nightmare at my Etsy Shop

Nightmare



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