



Moon Pads for Haiti

Instructions and Pattern

Basic pattern- 12 inches long by 5 inches wide completed

Flannel exterior-pre washed

2 layers of terry cloth on inside (recycled towels)

1-Cut exterior flannel fabric 12 inches in length, double the width to 10 inches for the front and back.

2-Fold over right sides together and stick up 2 of the sides leaving one end open to insert the liner.

3-Turn inside, taking care to poke out the corners

4-Insert 2 layers of terry cloth

5-Fold inside flannel inside the pocket to create finished seam and stitch once around the whole pad and then add one last stitch down the center to help hold the terry cloth in place.